

“THE COMMITMENT CHOICE”

Life's Healing Choices – Part 3

April 18th, 2010

Often our bad habits are reflections of our hurts & pains that we haven't dealt with

We'll never overcome our bad habits until we get to the Root of the hurt

Often we try to conquer our habits, but we just Replace them; a vicious cycle occurs

With God's help you and I can be different

Week/Choice 1: The Reality Choice – Admitting Need: realize I'm not God, admit I'm powerless to control my tendency to do the wrong thing & my life is unmanageable. (Mt. 5:3)

Week/Choice 2: The Hope Choice – Getting Help: earnestly believe that God exists, that I matter to Him, and that He has the power to help me change. (Mt. 5:4)

Week/Choice 3: The Commitment Choice – Letting Go: consciously choose to commit all my life and will to Christ's care and control
Matthew 5:5 (NIV) “Blessed are the meek, for they will inherit the earth.”

“Meek” used to describe animals whose naturally wild spirit had to be broken by a trainer

Meek is strength **under** control

1 Peter 2:21-23 (NLT) “Christ, who suffered for you, is your example. Follow in His steps. He never sinned, and He never deceived anyone. He did not retaliate when He was insulted. When He suffered, He did not threaten to get even. He left His case in the hands of God, who always judges fairly.”

Meekness has always been God's way for humanity
(see Job 5:11; Num. 12:3; Ps. 25:9; Eph. 4:1-2; Col. 3:12; Titus 3:1-2)

Numbers 12:3 (RSV) “Now the man Moses was very meek, more than all men that were on the face of the earth.”

With God meekness wins

Meekness means I acknowledge God's holiness

- **Meekness is a confidence in** who **I am**

Arrogance and pride are deep signs of insecurity

Deuteronomy 10:17 (TM) “God, your God, is the God of all gods, He's the Master of all masters, a God immense and powerful and awesome.”

- **Meekness is a confidence in** whose **I am**

I am not just a creation of God; I'm a child of God

1 John 5:1 (NLT) “Everyone who believes that Jesus is the Christ is a child of God.”

If I'm not meek, I can't Realize my brokenness; if I don't humble myself, I can't commit all of myself to Jesus Christ

"Consciously" – It's my decision

"choose to commit" – over & over

Do I choose my own agenda or God's agenda?

Romans 6:16 (NLT) "Don't you realize that whatever you choose to obey becomes your master? You can choose sin, which leads to death, or you can choose to obey God and receive His approval."

"all of my life and will" - everything

This separates those who walk authentically & intimately with Jesus and occasional fans
Luke 14:33 (NLT) "So no one can become My disciple without giving up everything for Me."

Jesus is not a bonus; He's not an extra; He's God

"to Christ's care and control" – He loves me

You learn to walk on His path rather than your own
Matthew 11:29 (Ph) "Come to Me, all of you who are weary and over-burdened, and I will give you rest!"

There are Rewards as you travel down His path

The Commitment Choice – Letting Go: consciously choose to commit all my life and will to Christ's care and control

John 10:10 (TM) "I [Jesus] came so they can have real and eternal life, more and better life than they ever dreamed of."