

# "THE HEALING MODEL OF JESUS"

## Life's Healing Choices - Introduction

March 21<sup>st</sup>, 2010

Psalm 147:3 (NIV) "He heals the brokenhearted and binds up their wounds."

You don't have to live with the past in such a way that it paralyzes your future

### How Jesus Heals People

#### 1. He calms my fears

Matthew 9:2 (NCV) "Some people brought to Jesus a man who was paralyzed and lying on a mat. When Jesus saw the faith of these people, he said to the paralyzed man, 'Be encouraged...'"

Jesus has the power to encourage you because He understands exactly what you're going through  
Hebrews 4:15 (NCV) "[Jesus] is able to understand our weaknesses. When He lived on earth, He was tempted in every way that we are, but He did not sin."

God has time for you

#### 2. He confronts my faults & failures

In a loving way Jesus goes beneath the symptoms & gets to the real problems

This man not only faced paralysis, he needed to deal with his guilt  
Luke 5:20 (NIV) "He said, 'Friend, your sins are forgiven.'"

Why do we go to Jesus with our problems last? Why not start with God?

Jesus doesn't minimize our guilt, He eliminates it

James 5:16 (NCV) "Confess your sins to each other and pray for each other so God can heal you."

There is something healing to realize we're in this together – we're not perfect

#### 3. He challenges my faith

He asks me to do something that seems to me to be impossible  
Matthew 9:6-8 (NIV) "...Then Jesus said to the paralytic, 'Get up, take your mat and go home.' And the man got up and went home. When the crowd saw this, they were filled with awe; and they praised God..."

Matthew 9:29 (NIV) "[Jesus] said, 'According to your faith will it be done to you.'"

Faith is something you do

God gives you the strength to do it when you make the decision to do it, as you take the step to do it

## How Do I Show Faith?

1. A dm:it \_\_\_\_\_ I need help
2. B elieve \_\_\_\_\_ that Jesus Christ will help
3. Do whatever \_\_\_\_\_ He tells me to do

### 7 Marks of a Small Group That Brings Healing

This paralyzed man didn't get to Jesus on his own; he had friends who helped him

1. C ompassion \_\_\_\_\_ : **They became concerned for a hurting friend**  
Romans 15:2 (GW) "We should all be concerned about our neighbor and the good things that will build his faith."  
1 Corinthians 10:24 (GW) "People should be concerned about others and not just about themselves."
2. F aith \_\_\_\_\_ : **They believed Jesus would heal their friend**  
Luke 5:20 (NIV) "When Jesus saw their faith, He said, 'Friend, your sins are forgiven.'"  
Romans 1:12 (NCV) "...I want us to help each other with the faith we have. Your faith will help me, and my faith will help you."  
1 Thessalonians 5:11 (NCV) "So encourage each other and give each other strength..."
3. A ction \_\_\_\_\_ : **They didn't just pray; they took action**  
Matthew 9:2 (NCV) "...[they] brought to Jesus a man who was paralyzed and lying on a mat."  
Luke 14:23 (TM) "The master said, 'Then go to the country roads. Whoever you find, drag them in. I want my house full!'"
4. P ersistence \_\_\_\_\_ : **They didn't let difficulties discourage them**  
Galatians 6:9 (NLT) "So don't get tired of doing what is good. Don't get discouraged and give up, for we will reap a harvest of blessing at the appropriate time."  
2 Peter 3:9 (CEV) "...God is patient, because He wants everyone to turn from sin and no one to be lost."
5. I nnovation \_\_\_\_\_ : **They dared to do something different**  
Luke 5:19 (TM) "When they couldn't find a way in because of the crowd, they went up on the roof, removed some tiles, and let him down in the middle of everyone, right in front of Jesus."  
Hebrews 10:24 (TM) "Let's see how inventive we can be in encouraging and helping out."
6. C ooperation \_\_\_\_\_ : **They worked together on their friend's behalf**  
Luke 5:19 (NCV) "...they went up on the roof and lowered the man on his mat through the ceiling into the middle of the crowd."
7. S acrifice \_\_\_\_\_ : **They were willing to pay for the roof**  
Luke 16:9 (NIV) "...use worldly wealth to gain friends for yourselves, so that when it is gone, you will be welcomed into eternal dwellings."  
1 Corinthians 3:9 (NLT) "We work together as partners who belong to God."

### My Next Step Today Is:

- This week I will go to God first with my problems, not last
- I want to be in a small group for "Life's Healing Choices" & need assistance finding one
- I will memorize Psalm 147:3